

Sport and Physical Activity

Cambridge Technical Level 3 Extended Certificate

Contact Person: Miss J Wild

Course Outline:

Our Sport and Physical Activity course is a brilliant opportunity for anyone excited by the complex, diverse world of sport. It is a journey of discovery into the intricacies of the human anatomy and the secrets of peak athletic performance. You will get the chance to develop your leadership skills, gain insights into the complex field of sports organisation, leading to a detailed awareness of factors surrounding sports management. This course includes the science of sports rehabilitation, mending and strengthening athletes with cutting-edge techniques. You will be able to show your logistical, technical and creative skills through sports management.

Sport and Physical Activity Technical is delivered through a careful blend of practical coursework and examinations, meaning you will have every opportunity to demonstrate your skills, aptitude and determination, and opening up a range of potential careers in a growing industry. Join us and become the driving force behind the future of sports excellence!

You are required to be participating in sport regularly to at least club standard. Excellent time management skills and the ability to meet deadlines are key to being successful in the coursework. If you have not studied a sports course at Level 2 candidates will be considered on a case by case basis, and will need to meet all other criteria. Coaching and leadership courses will be available.



Progression Post 18

Candidates can progress to higher education courses ranging from recreation management, exercise science, sports psychology and outdoor and adventurous activities (degree and foundation levels). Career prospects are continually expanding within a growing industry, and include occupations such as leisure management, sports therapy, teaching, coaching, exercise consultancy and health promotion.